

DIRTY DOZEN™

EWG's 2023 Shopper's Guide to Pesticides in Produce™

*Also buy organic: soy, wheat, corn, potatoes, tomatoes, celery, citrus fruits (e.g. oranges), papaya, squash, cucumber



1. Strawberries



2. Spinach



3. Kale, collard & mustard greens



4. Peaches



5. Pears



6. Nectarines



7. Apples



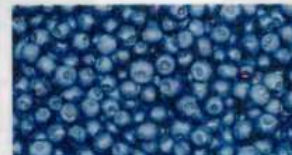
8. Grapes



9. Bell & hot Peppers



10. Cherries



11. Blueberries



12. Green Beans

For these fruits/vegetables, choose the organic options (e.g. choose organic strawberries instead of regular strawberries due to pesticide/herbicide spray)